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Washington State Health Care Authority



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Thank you for your invaluable contributions.

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• Matilda Sampson

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WISe Symposium 2023



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WISe Symposium 2023

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WELCOME TO THE WISE SYMPOSIUM, an annual celebration of community, connection, and collaboration. As we come together from various corners of the state, we unite in spirit to empower each other through shared purpose and dedication.

At the heart of the WISe Symposium lies the essence of connection—a space where hearts align and minds open to new possibilities. Forge relationships with colleagues and peers, as we reinforce our shared vision and build a stronger fabric of support within our communities.

Thank you for being part of this gathering, where community, connection, and collaboration form the very heartbeat of the WISe Symposium. Let's embark on this journey of inspiration and growth.



EVENT OVERVIEW



SHANE KOYCZAN:

Canadian poet and spoken-word artist Shane Koyczan was born in Yellowknife, Northwest Territories, to a French mother and a father of First Nations heritage. He grew up in Penticton, British Columbia, with his grandparents and was educated at Okanagan College. Winner of both the individual champion title at the National Poetry Slam and the Canadian Spoken Word Olympics, Koyczan performed his poem "We Are More" at the opening ceremonies for the 2010 Vancouver Olympics. Millions of people have viewed the animated video of his anti-bullying poem, "To This Day," on YouTube, and Koyczan has given a TED Talk on bullying and created a free anti-bullying smartphone application as part of his To This Day Project. For his social justice work, Koyczan received a BC Civil Liberties Award for the Arts.



KEYNOTE SPEAKERS



DR. JOHN LYONS:

John S. Lyons, Ph.D. is the founding Director of the Center for Innovation in Population Health at the University of Kentucky and a Professor of Health Management and Policy in the College of Public Health. After receiving his doctorate in Clinical Psychology and Statistics from the University of Illinois at Chicago, he completed a National Service Award in Mental Health Services Research at the University of Chicago. He spent 24 years at Northwestern University becoming a Professor of Psychiatry and Medicine and the founding Director of the Mental Health Services and Policy Program. After six years as the Endowed Chair of Youth Mental Health at the University of Ottawa, he returned to Chicago as a Senior Policy Fellow at Chapin Hall at the University of Chicago until moving to Lexington in 2019. He has developed the only theory-based approach to outcomes management, Transformational Collaborative Outcomes Management (TCOM) and collaborative assessment tools to support this system management approach, most notably the Child and Adolescent Needs and Strengths (CANS). In 2023, the CANS and TCOM approach will touch the lives of nearly 90% of all children and adolescents served in child welfare or public behavioral health in the United States. There are implementations on every continent except Antarctica. He has published more than 250 peer reviewed articles and nine books including *Redressing the Emperor: Improving our* children's public behavioral health system, Communimetrics. A communication theory of measurement in human services, and most recently Transformational Collaborative Outcomes Management (TCOM). Managing the business of personal change.



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KEYNOTE SPEAKERS



LEVI HORN:

Levi Horn was born Oct. 2, 1986 to his mother Julia Faye Horn and enrolled Northern Cheyenne. This is also who he accredits to be his inspiration to push through life's obstacles. She was a single mother and raised three kids on her own. Levi says the most important thing his mom instilled in him was the difference from right and wrong.

In high school he got his first chance to play football and found his passion. He believes that without football driving him to make goals and succeed in school he probably would have lost his way at that crucial time in life. At the end of high school, he was an All-City and All-State tight end for a losing school. He was the first student in 20 years to make these accomplishments along with a scholarship to University of Oregon.

After a year at University of Oregon he transferred to University of Montana. In Levi's first year he had the opportunity to play after a teammate's injury and capitalized on his chance. At the end of his tenure, he was All-Conference and All-American offensive tackle.

This brought Levi to the attention of Mike Tice of the Chicago Bears. He signed with the Bears as an undrafted free agent where he was on the practice squad and also activated to the 53-man roster. After two years he was signed by the Minnesota Vikings. Levi also played for the CFL with the BC Lions, AFL with the Spokane Shock and LA Kiss, and the New Mexico Stars.

Through his college, professional football career, and post football he has tried to reach as many people to find their spark of divinity and rooting their careers in wellness. Levi works for the Spokane School District where he helps youth involved in addiction. Levi has his BA from the U of Montana in Sociology of Criminology and has received his credentials to be a substance use disorder professional in the state of Washington.

KEYNOTE SPEAKERS



TITLE:

Co-creating Trauma Medicine from an Indigenous Two Spirit Perspective **PRESENTER:** HP Personal, generational and historical trauma is the driver of so many of the struggles we see in our work with families. Our shared understanding is constantly shifting and there are many ways to think about and support trauma healing with the youth we serve. This session is an opportunity to apply a queer urban indigenous lens and maybe add some new strategies to our clinical toolkit.



TITLE:

From Burn-Out to Burn Bright: Supporting and Enhancing the Family Peer Role (Plus: A Common Voice | C.O.P.E. Project Updates)

PRESENTER:

Jasmine Martinez

In the presentation, "From Burn-Out to Burn-Bright," A Common Voice | C.O.P.E. Project will illuminate ideas to support family peers in the workforce. With workforce shortage, moral injury, and burn-out in mind, we will highlight practical strategies to support, enhance, and strengthen the family peer role. In addition, we will provide a quick review of the support A Common Voice | C.O.P.E. Project offers to family peers as well as parents/caregivers across WA.



TITLE:

There is POWER in UNITY **PRESENTERS:** Jason Clark, Johnny Cheng and Demetria Hawkins Join Jason Clark, Johnny Cheng, and Dimitria Hawkins in a session that explores connecting with youth within JJ systems.



BREAKOUT SESSION PRESENTERS AND PANELISTS AUGUST 15th



TITLE: Tribal Adaptation of WISe PRESENTERS:

Vicki Lowe, Annee Fast Horse, Andrea French and Lucilla (Lucy) Mendoza This presentation will provide an overview of the Tribal Adaptation of WISe as well as the process, implementation, and journey. With the request from Tribal and Urban Indian Organization leaders, HCA began work to create a Tribal adaptation of the WISe training curriculum. This work began in 2019 and was first launched in 2023 hosted by the Lummi Nation. Lummi Nation will begin the first Tribal WISe program using adapted training materials. Programming to provide wraparound services within the community has evolved over 20 years, supported through various grant programs such as Systems of Care, Circles of Care, and Project AWARE. Incorporating the WISe program into the existing wraparound work will allow the Tribe to continue to provide wraparound services to youth and families while establishing a sustainable funding resource through Medicaid funding.



TITLE:

Wraparound with Intensive Behavior Support (WIBs) for youth with Intellectual and/or Developmental Disabilities and Co-Occurring Mental Health

PRESENTERS:

Paul Davis, Libby Hines and Jeff Kalles

Wraparound with Intensive Supports (WIBs) was developed in response to a growing need to support youth with co-occurring mental health and intellectual and/or developmental disabilities in WA State. This home and community-based model is designed to support the caregivers and high-risk youth providing behavioral support, intensive care coordination, and community collaboration. WIBs was developed through various system partners working together in a unique way to address this unmet need. The model is founded on core principles and in its beginning stages of implementation.

Join us for an update on the status of the implementation of WIBs, robust discussion of its possibilities for the future and to learn about the unique partnerships which brought this exciting model together!

BREAKOUT SESSION PRESENTERS AND PANELISTS AUGUST 15th

The **BIPOC Panel** will feature a group of individuals who have firsthand experience navigating WISe teams and providing culturally relevant services. Our discussion will cover a range of topics, from the importance of diverse staff representation to the challenges and successes of serving BIPOC communities. This event is a unique opportunity to gain valuable insight and learn from others. There will be an opportunity for open dialogue following the panel. **You'll be able to ask questions and share your own experiences as well. Join us for this session and let's learn together!**

PANEL FACILITATOR:

• Oscar Villagomez



PANELISTS:

- Tamara Galbert Supervisor
- Angelee Jones Care Coordinator
- Deanna Smith Parent Partner
- Kara Yaghmee Youth Partner
- Shakoyia Dunbar Clinician

THE BIPOC PANEL

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TITLE: Culturally Aware & Intentional Peer Support... What's That? PRESENTER: Bianca Andrews Join Bianca Andrews to explore peer roles in engagement, within teams, and within agencies. In this session, we'll increase our understanding of the peer role and the value of lived experience.



TITLE:

Mobile Response and Stabilization Services, Implementing Best Practices for Youth and Families

PRESENTER:

Sherry Wylie

With the rollout of 988, Washington is providing crisis system enhancements in alignment with SAMHSA and NASMHPD best practices across the state including Mobile Response and Stabilization Services (MRSS) for youth, young adults and their parents and caregivers.

Healthcare Authority Division of Behavioral Health and Recovery Youth mobile crisis team administrator, Sherry Wylie, will be presenting on the rollout of 988, expansion of youth crisis teams, and the MRSS model. Washington is participating in a National Quality Learning Collaborative with other state leaders in MRSS and have a System of Care grant supporting this work in two regions.



TITLE: Creative Care Coordination PRESENTER: Stephanie East Care coordination is about more than just facilitating meetings and responding to crisis. Bringing fun and creativity into the process only enhances the experience of WISe! Learn (and share) fun ways to keep teams engaged throughout the process and help develop strengths into those pathways that resolve concerns.

BREAKOUT SESSION PRESENTERS AND PANELISTS AUGUST 16th



TITLE: Transforming WISe: Working with Trans Youth in Wraparound Services PRESENTER: Asa Badalucco Curious about how to better support trans youth? This presentation will cover various aspects such as pronoun etiquette, navigating coming out, and resources for trans youth of all ages. By attending this session, you will gain confidence on trans issues/news and feel equipped with the proper language, empathy skills, and resources to better serve your trans and gender nonconforming/expansive youth and their families.



TITLE:

Working with Speakers of Other Languages: How to Provide Equitable Services and Empower Families

PRESENTER:

Amber Mormann-Peraza

Join Amber Mormann-Peraza in exploring the importance of effectively using interpreters to provide equitable high-quality WISe service to non-native English speakers, and how to empower youth/families to develop the skills to advocate for themselves and their language needs.

BREAKOUT SESSION PRESENTERS AND PANELISTS AUGUST 16th

SESSION NAME	DATE	START TIME	END TIME
Tech Support	08/15/2023	08:30 AM	01:00 PM
Welcome and Land Acknowledgement	08/15/2023	09:00 AM	09:15 AM
HCA Opening Remarks	08/15/2023	09:15 AM	09:30 AM
What's up with WISe?	08/15/2023	09:30 AM	09:45 AM
→ Keynote Address - Dr. Lyons	08/15/2023	09:50 AM	10:35 AM
Platform Engagement	08/15/2023	10:35 AM	10:50 AM
→ Breakout Sessions	08/15/2023	10:55 AM	11:50 AM
Break	08/15/2023	11:50 AM	12:05 PM
BIPOC WISe Panel	08/15/2023	12:10 PM	12:45 PM
Closing Remarks	08/15/2023	12:50 PM	01:00 PM



EVENT AGENDA DAY 1

SESSION NAME	DATE	START TIME	END TIME
Tech Support	08/16/2023	08:30 AM	01:00 PM
Welcome and Land Acknowledgement	08/16/2023	09:00 AM	09:20 AM
🔿 Keynote Speaker - Levi Horn	08/16/2023	09:25 AM	10:10 AM
↔ Breakout Sessions	08/16/2023	10:15 AM	11:10 AM
Break	08/16/2023	11:10 AM	11:25 AM
Platform Engagement	08/16/2023	11:25 AM	11:40 AM
♂ Keynote - Shane Koyczan	08/16/2023	11:45 AM	12:30 PM
Awards	08/16/2023	12:35 PM	12:50 PM
Closing Remarks	08/16/2023	12:50 PM	01:00 PM



EVENT AGENDA DAY 2

Together, we create a space that embraces community, connection, and collaboration. Thank you to the WISe Practitioners across the state who work tirelessly to ensure young people and their families are supported in meeting their self-identified goals. **Thank you to our event sponsors, planning committee members, and development partners for making the 2023 WISe Symposium possible.**

Change is made possible by the youth, caregivers, family members, WISe practitioners, community partners, system partners, and countless others who see that a real difference is made when we gather around the same table. Thank you for pulling up a seat.

We hope you enjoy the 2023 WISe Symposium.



Washington State Health Care Authority

THANK YOU LETTER